

Houston COVID-19 Resources

Meal Assistance

YMCA

- The YMCA will deliver box lunches to HHA senior residence facilities 2x a week.

Houston Food Bank

- [Find a Houston Food Bank partner near you](#) or use the map below.
- Call our helpline at 832-369-9390

SNAP Benefits

- [Apply for SNAP \(Supplemental Nutrition Assistance Program\) with help from our Community Assistance Program.](#)
 - Call the helpline at 832-369-9390
- Text FOOD to 855-308-2282 to find the nearest food pantry in the area.

City of Houston Curbside Meal Program

- The City of Houston is operating a curbside meal program at [50 community centers](#) around the city Monday through Friday from 1 to 3 p.m. Free meals, including a lunch and a snack, are available for youth ages 1 to 18. Only children who come to the site for pickup can receive the meal. Parents are not allowed to take food for a child that is not present at the time of pickup.

Employment

- [Texas Workforce Commission \(Unemployment Insurance\)](#)
- [Disaster Loan Assistance](#)
- [Small Business Assistance](#)
- [Houston Businesses Hiring](#)

Healthcare

- Dial 2-1-1: Information and referral services for all basic needs
- COVID-19 Mental Health Line: 833-251-7544
- [COVID-19 Self-Assessment Tool:](#)
 - (832) 927-7575 (Technical access needs)
- The Houston Health Department is operating a COVID-19 call center. Houstonians can call 832-393-4220 to speak to staff during the following times:
 - Mon-Fri: 9 AM-7 PM
 - Sat: 9 AM-3 PM

Childcare

- [YMCA Greater Houston](#)